

HOLLINS GRUNDY PRIMARY SCHOOL

Happiness, Health and Respect for Confident, Creative Learners

Assessment Criteria In PE

RECEPTION	Children Aged 3 to 4 Years	<ul style="list-style-type: none">• Moves freely and with pleasure and confidence in a range of ways, such as• slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.• Mounts stairs, steps or climbing equipment using alternate feet.• Walks downstairs, two feet to each step while carrying a small object.• Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.• Can stand momentarily on one foot when shown.• Can catch a large ball.• Uses movement to express feelings.• Creates movement in response to music.
	Children In Reception	<ul style="list-style-type: none">• Experiments with different ways of moving.• Jumps off an object and lands appropriately.• Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.• Travels with confidence and skill around, under, over and through balancing and climbing equipment.• Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.• Initiates new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences.
	Early Learning Goals	<ul style="list-style-type: none">• Children show good control and co-ordination in large and small movements.• They move confidently in a range of ways, safely negotiating space. • They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories.

Year 1

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Master basic movements including running, jumping, throwing, catching.</p> <p>Begin to apply basic movements in a range of activities.</p> <p>Send a ball/equipment towards a target.</p> <p>Explore different ways to use/move with the ball.</p> <p>Use skills individually and in combination to suit the game</p>		<p>Participate in team games, developing simple tactics for attacking & defending</p> <p>Can watch and copy others movements</p>				

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Dance & gymnastics		<p>Develop balance</p> <p>Develop agility</p> <p>Develop co-ordination</p> <p>Move fluently, changing direction and speed</p> <p>Move confidently and safely in their own and general space, using changes of speed, level and direction</p>		<p>Respond imaginatively to a range of stimuli</p> <p>Combine different ways of travelling</p> <p>Begin to apply basic movements in a range of activities</p> <p>Perform dances using simple movements and patterns</p> <p>Perform movement phrases and short dances with control and accuracy</p> <p>Compose and link movement phrases to make simple dances with clear beginnings, middles and ends.</p> <p>Perform movement phrases using a range of different body actions and body parts</p>			

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performanc e	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co- ordination					
Across all sports	Master basic movements including running, jumping, throwing, catching Begin to apply basic movements in a range of activities.	Develop balance agility and co-ordination	Participate in team games, developing simple tactics for attacking & defending Describe why running and playing games is good for them	Perform dances using simple movements and patterns			

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25



Not applicable

Year 2

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co- ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Master basic movements including running, jumping, throwing, catching</p> <p>Begin to apply basic movements in a range of activities</p> <p>Perform a variety of actions with the ball keeping it under control</p> <p>Throw the ball with control</p> <p>Catch the ball with control</p>		<p>Participate in team games, developing simple tactics for attacking & defending</p> <p>Show good awareness of others when playing games</p> <p>React to situations in ways that make it difficult for their opponents</p> <p>Choose and use simple tactics to suit different situations</p>				

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Dance & gymnastics		<p>Develop agility</p> <p>Develop balance</p> <p>Develop coordination</p> <p>Perform a range of actions with control and coordination</p> <p>Develop agility, balance and coordination with others</p>		<p>Perform dances using simple movement patterns</p> <p>Explore, remember, repeat and link a range of actions with coordination and control</p> <p>Explore, remember, repeat and link a range of actions with an awareness of the expressive qualities of dance</p> <p>Perform dance phrases and short dances using rhythmic and dynamic qualities to express moods, ideas and feelings.</p>			

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Across a range of sports	Master basic movements including running, jumping, throwing, catching Begin to apply basic movements in a range of activities.	Develop balance agility and co-ordination.	Participate in team games, developing simple tactics for attacking & defending Can apply skills and tactics to small sided games	Perform dances using simple movements and patterns Begin to understand the importance of preparing safely and carefully for exercise - warming up			

Step	b	w	s	S+
No. of statements required	<5	6-12	13-19	25

Year 3

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Keep the ball under control</p> <p>Receive the ball with control</p> <p>Pass the ball with control</p> <p>Choose a space/positions where they can receive a pass or support a teammate</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Move to support teammates once they have passed the ball</p> <p>Select passes that keep possession</p>				•
Dance & gymnastics		Develop flexibility, strength, technique, control and balance		Perform dances using a range of movement patterns			•

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Take up space/positions that make it difficult for opponents</p>	<p>Perform dances using a range of movement patterns</p> <p>Learn how to use skills in different ways and link them to make actions and sequences of movement</p> <p>Show control, accuracy and fluency of movement when performing actions on their own</p> <p>Combine actions to make sequences with changes of speed, level and direction, and clarity of shape</p>	<p>Take part in outdoor or adventurous activity challenges both individually and within a team.</p>	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Recognise players who play well in games and give reasons why</p> <p>Recognise and describe what happens to their breathing and heart rate when playing games</p> <p>Begin to understand why they get hotter when playing games</p>	<p>Swim competently, confidently and proficiently over a distance of 25 meters.</p> <p>Use a range of strokes effectively.</p> <p>Perform safe self-rescue in different water-based situations.</p>

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25

Year 4

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co- ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Pass the ball in different ways e.g. high, low, bounced, fast, slow</p> <p>Get into good positions to pass the ball</p> <p>Get into good positions to receive the ball - Show growing consistency and control in games -</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Know and explain the tactics they and skills they are confident with and use well in games</p> <p>Keep and follow the rules of games</p> <p>Find and use space in game situations</p> <p>Use a range of tactics to keep possession of the ball to shoot or score</p>				

Dance & gymnastics		Develop flexibility, strength, technique, control and balance		Perform dances using a range of movement patterns			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>	<p>Perform dances using a range of movement patterns</p> <p>Learn how to use skills in different ways and link them to make actions and sequences of movement</p>	<p>Take part in outdoor or adventurous activity challenges both individually and within a team.</p>	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Understand the link between heart</p>	

			<p>Show control, accuracy and fluency of movement when performing actions on their own</p> <p>Combine actions and maintain the quality of performance when performing at the same time as a partner</p> <p>Combine actions to make sequences with changes of speed, level and direction, and clarity of shape</p> <p>Perform more complex dance phrases and dances that communicate character and narrative</p>		<p>rate and breathing during different activities</p> <p>Identify what they need to do to improve their game</p>	
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Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25

Year 5

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Pass with accuracy, confidence and control</p> <p>Use a variety of tactics to keep the ball</p> <p>Shoot with accuracy</p> <p>Perform skills with accuracy, confidence and control</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Know the difference between attacking and defending skills</p> <p>Mark an opponent</p> <p>Know how to mark and defend their goal</p> <p>Find and use space to help their team</p>				
Dance & gymnastics		<p>Develop flexibility, strength, technique, control and balance</p> <p>Combine and perform skills with control</p> <p>Explore and practice movement</p>		<p>Perform dances using a range of movement patterns</p> <p>Perform dances using a range of movement patterns</p> <p>Explore and practice</p>			

		<p>ideas inspired by a stimulus</p> <p>Explore, improvise and combine movement ideas fluently and effectively</p>		<p>movement ideas inspired by a stimulus</p> <p>Perform movements accurately with a sense of rhythm</p> <p>Perform combinations of actions and movements that show clear differences between levels, speeds and direction</p>			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	<p>Develop flexibility, strength, technique, control and balance</p> <p>Combine and perform skills with control</p> <p>Explore, improvise and combine movement ideas fluently and effectively</p>	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>		Take part in outdoor or adventurous activity challenges both individually and within a team.	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Understand the importance of being physically fit</p> <p>Understand how physical activity can contribute to a healthy lifestyle</p> <p>Explain how their bodies react and feel when they play different games and take on different roles</p>	

Step	b	w	s	S+
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No. of statements required	<8	9-15	16-21	31
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Year 6

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Can intercept the ball to win possession back</p> <p>Develop control whilst performing skills at speed</p> <p>Understand, choose and apply a range of tactics and strategies in attack</p> <p>Combine and perform skills with control, adapting them to meet the needs of the situation</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Choose when to pass so that they keep possession and make progress towards the goal</p> <p>Understand, choose and apply a range of tactics and strategies in attack</p> <p>Knows how to mark a player and use space</p> <p>Understand, choose and apply a range of tactics and strategies in defence</p> <p>Use attacking and defending skills</p>				

			appropriately in games				
Dance & gymnastics		<p>Develop flexibility, strength, technique, control and balance</p> <p>Link skills to make actions and sequences of movement</p> <p>Develop flexibility, strength, technique, control and balance</p>		<p>Perform dances using a range of movement patterns</p> <p>Perform dances using a range of movement patterns</p> <p>Explore and practice movement ideas inspired by a stimulus</p> <p>Perform movements accurately with a sense of rhythm</p>			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>		Take part in outdoor or adventurous activity challenges both individually and within a team.	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Understand how playing games can contribute to a healthy lifestyle</p>	

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25