

HOLLINS GRUNDY PRIMARY SCHOOL

Happiness, Health and Respect for Confident, Creative Learners

Assessment Criteria In PE

RECEPTION	Children Aged 3 to 4 Years	<ul style="list-style-type: none"> • Moves freely and with pleasure and confidence in a range of ways, such as • slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping. • Mounts stairs, steps or climbing equipment using alternate feet. • Walks downstairs, two feet to each step while carrying a small object. • Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles. • Can stand momentarily on one foot when shown. • Can catch a large ball. • Uses movement to express feelings. • Creates movement in response to music.
	Children In Reception	<ul style="list-style-type: none"> • Experiments with different ways of moving. • Jumps off an object and lands appropriately. • Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. • Travels with confidence and skill around, under, over and through balancing and climbing equipment. • Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. • Initiates new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences.
	Early Learning Goals	<ul style="list-style-type: none"> • Children show good control and co-ordination in large and small movements. • They move confidently in a range of ways, safely negotiating space. • They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories.

Year 1

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Master basic movements including running, jumping, throwing, catching.</p> <p>Begin to apply basic movements in a range of activities.</p> <p>Send a ball/equipment towards a target.</p> <p>Explore different ways to use/move with the ball.</p> <p>Use skills individually and in combination to suit the game</p>		<p>Participate in team games, developing simple tactics for attacking & defending</p> <p>Can watch and copy others movements</p>				

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Dance & gymnastics		<p>Develop balance</p> <p>Develop agility</p> <p>Develop co-ordination</p> <p>Move fluently, changing direction and speed</p> <p>Move confidently and safely in their own and general space, using changes of speed, level and direction</p>		<p>Respond imaginatively to a range of stimuli</p> <p>Combine different ways of travelling</p> <p>Begin to apply basic movements in a range of activities</p> <p>Perform dances using simple movements and patterns</p> <p>Perform movement phrases and short dances with control and accuracy</p> <p>Compose and link movement phrases to make simple dances with clear beginnings, middles and ends.</p> <p>Perform movement phrases using a range of different body actions and body parts</p>			

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performanc e	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co- ordination					
Across all sports	Master basic movements including running, jumping, throwing, catching Begin to apply basic movements in a range of activities.	Develop balance agility and co-ordination	Participate in team games, developing simple tactics for attacking & defending Describe why running and playing games is good for them	Perform dances using simple movements and patterns			

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25



Not applicable

Year 2

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Master basic movements including running, jumping, throwing, catching</p> <p>Begin to apply basic movements in a range of activities</p> <p>Perform a variety of actions with the ball keeping it under control</p> <p>Throw the ball with control</p> <p>Catch the ball with control</p>		<p>Participate in team games, developing simple tactics for attacking & defending</p> <p>Show good awareness of others when playing games</p> <p>React to situations in ways that make it difficult for their opponents</p> <p>Choose and use simple tactics to suit different situations</p>				

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Dance & gymnastics		<p>Develop agility</p> <p>Develop balance</p> <p>Develop coordination</p> <p>Perform a range of actions with control and coordination</p> <p>Develop agility, balance and coordination with others</p>		<p>Perform dances using simple movement patterns</p> <p>Explore, remember, repeat and link a range of actions with coordination and control</p> <p>Explore, remember, repeat and link a range of actions with an awareness of the expressive qualities of dance</p> <p>Perform dance phrases and short dances using rhythmic and dynamic qualities to express moods, ideas and feelings.</p>			

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Across a range of sports	Master basic movements including running, jumping, throwing, catching Begin to apply basic movements in a range of activities.	Develop balance agility and co-ordination.	Participate in team games, developing simple tactics for attacking & defending Can apply skills and tactics to small sided games	Perform dances using simple movements and patterns Begin to understand the importance of preparing safely and carefully for exercise - warming up			

Step	b	w	s	S+
No. of statements required	<5	6-12	13-19	25

Year 3

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Keep the ball under control</p> <p>Receive the ball with control</p> <p>Pass the ball with control</p> <p>Choose a space/positions where they can receive a pass or support a teammate</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Move to support teammates once they have passed the ball</p> <p>Select passes that keep possession</p>				•
Dance & gymnastics		Develop flexibility, strength, technique, control and balance		Perform dances using a range of movement patterns			•

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Take up space/positions that make it difficult for opponents</p>	<p>Perform dances using a range of movement patterns</p> <p>Learn how to use skills in different ways and link them to make actions and sequences of movement</p> <p>Show control, accuracy and fluency of movement when performing actions on their own</p> <p>Combine actions to make sequences with changes of speed, level and direction, and clarity of shape</p>	<p>Take part in outdoor or adventurous activity challenges both individually and within a team.</p>	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Recognise players who play well in games and give reasons why</p> <p>Recognise and describe what happens to their breathing and heart rate when playing games</p> <p>Begin to understand why they get hotter when playing games</p>	<p>Swim competently, confidently and proficiently over a distance of 25 meters.</p> <p>Use a range of strokes effectively.</p> <p>Perform safe self-rescue in different water-based situations.</p>

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25

Year 4

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co- ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Pass the ball in different ways e.g. high, low, bounced, fast, slow</p> <p>Get into good positions to pass the ball</p> <p>Get into good positions to receive the ball - Show growing consistency and control in games -</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Know and explain the tactics they and skills they are confident with and use well in games</p> <p>Keep and follow the rules of games</p> <p>Find and use space in game situations</p> <p>Use a range of tactics to keep possession of the ball to shoot or score</p>				

Dance & gymnastics		Develop flexibility, strength, technique, control and balance		Perform dances using a range of movement patterns			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>	<p>Perform dances using a range of movement patterns</p> <p>Learn how to use skills in different ways and link them to make actions and sequences of movement</p>	Take part in outdoor or adventurous activity challenges both individually and within a team.	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Understand the link between heart</p>	

			<p>Show control, accuracy and fluency of movement when performing actions on their own</p> <p>Combine actions and maintain the quality of performance when performing at the same time as a partner</p> <p>Combine actions to make sequences with changes of speed, level and direction, and clarity of shape</p> <p>Perform more complex dance phrases and dances that communicate character and narrative</p>		<p>rate and breathing during different activities</p> <p>Identify what they need to do to improve their game</p>	
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Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25

Year 5

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Pass with accuracy, confidence and control</p> <p>Use a variety of tactics to keep the ball</p> <p>Shoot with accuracy</p> <p>Perform skills with accuracy, confidence and control</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Know the difference between attacking and defending skills</p> <p>Mark an opponent</p> <p>Know how to mark and defend their goal</p> <p>Find and use space to help their team</p>				
Dance & gymnastics		<p>Develop flexibility, strength, technique, control and balance</p> <p>Combine and perform skills with control</p> <p>Explore and practice movement</p>		<p>Perform dances using a range of movement patterns</p> <p>Perform dances using a range of movement patterns</p> <p>Explore and practice</p>			

		<p>ideas inspired by a stimulus</p> <p>Explore, improvise and combine movement ideas fluently and effectively</p>		<p>movement ideas inspired by a stimulus</p> <p>Perform movements accurately with a sense of rhythm</p> <p>Perform combinations of actions and movements that show clear differences between levels, speeds and direction</p>			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	<p>Develop flexibility, strength, technique, control and balance</p> <p>Combine and perform skills with control</p> <p>Explore, improvise and combine movement ideas fluently and effectively</p>	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>		Take part in outdoor or adventurous activity challenges both individually and within a team.	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best (link to maths/literacy).</p> <p>Understand the importance of being physically fit</p> <p>Understand how physical activity can contribute to a healthy lifestyle</p> <p>Explain how their bodies react and feel when they play different games and take on different roles</p>	

Step	b	w	s	S+
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No. of statements required	<8	9-15	16-21	31
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Year 6

Unit	Basic Movements		Team Games Tactics	Dance	Outdoor & Adventurous Activities	Compare performance	Swimming
	Running, Jumping Throwing, Catching	Balance, Agility, Co-ordination					
Ball games (netball, basketball, football, softball, volleyball, tennis etc.)	<p>Use running, catching, throwing, jumping in isolation</p> <p>Can intercept the ball to win possession back</p> <p>Develop control whilst performing skills at speed</p> <p>Understand, choose and apply a range of tactics and strategies in attack</p> <p>Combine and perform skills with control, adapting them to meet the needs of the situation</p>		<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p> <p>Choose when to pass so that they keep possession and make progress towards the goal</p> <p>Understand, choose and apply a range of tactics and strategies in attack</p> <p>Knows how to mark a player and use space</p> <p>Understand, choose and apply a range of tactics and strategies in defence</p> <p>Use attacking and defending skills</p>				

			appropriately in games				
Dance & gymnastics		<p>Develop flexibility, strength, technique, control and balance</p> <p>Link skills to make actions and sequences of movement</p> <p>Develop flexibility, strength, technique, control and balance</p>		<p>Perform dances using a range of movement patterns</p> <p>Perform dances using a range of movement patterns</p> <p>Explore and practice movement ideas inspired by a stimulus</p> <p>Perform movements accurately with a sense of rhythm</p>			
Across a range of sports	Use running, catching, throwing, jumping in isolation.	Develop flexibility, strength, technique, control and balance	<p>Play competitive games, modified where appropriate</p> <p>Apply basic principles suitable for attacking and defending</p>		Take part in outdoor or adventurous activity challenges both individually and within a team.	<p>Compare own performance/s with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Understand how playing games can contribute to a healthy lifestyle</p>	

Step	b	w	s	s+
No. of statements required	<5	6-12	13-19	25